

SnowCap News

OPEN HEARTS, OPEN HANDS

Volume XIX, Issue 4, August 2016

P.O. Box 160, Fairview, OR 97024 • www.snowcap.org • email: judy@snowcap.org • Phone: 503-674-8785 • Fax: 503-674-5355

SNOWCAP IS A PHILANTHROPIC ORGANIZATION CREATED TO PROVIDE FOOD, CLOTHES, ADVOCACY, AND OTHER SERVICES FOR THE POOR.

SnowCap clients can visit us once each month. Sometimes, donors do too.

“I remember feeling like I had nothing, and being really unsure when I woke up about where we would sleep tonight,” says Marianne, recalling a time not so long ago. “I was homeless after leaving a domestic abuse situation, and my children and I were sleeping on couches and floors, with family and friends, whoever would take us in. They all did their best to help, but they didn’t have much themselves, you know?”

Marianne told us her story while she dropped off her usual donation of diapers and formula. She used to be a regular client, visiting as often as rules at the time would allow. Now that things have improved in her life, she tries to donate monthly.

In 2010, Marianne left an abusive relationship to protect her children. In leaving though, she left behind what little stability she knew. She didn’t have a job, having relied on the income of a spouse who didn’t want her to work. She didn’t have a place to stay or enough money to put down a deposit on an apartment – only two kids, a couple of suitcases of clothes, a dog, all in her little car.

Traveling from guest room to living room and sometimes back again, she tried her best not to over-burden her hosts. “If I could feed us, me and the girls, for a few days, that was a blessing. Every time I came to SnowCap, I felt like I was grocery

shopping! Everyone was always so kind, and it felt like my connection to the real world. I was grateful for that, almost more than anything.”

Within a year, Marianne had landed a job filing in a doctor’s office. Friends helped her with a deposit so she could get a roof overhead and her feet back under her. Now, she remembers the help she got from her community through SnowCap by making her customary monthly donation, usually diapers. “I just got a little raise at work, so I hope to sign up to be a recurring donor on your website, too,” she says.

If you’d like to help others like Marianne and her family, please consider setting up a recurring online donation. It’s easy, fast, and worry-free! Just click “Donation” at www.snowcap.org and choose “Recurring.”



Strength in numbers

Have you ever noticed how much easier it is to get things accomplished when you have a little help from your friends? Not only does the job usually get done quicker and more efficiently, but things tend to be a whole lot more fun when you’re working side by side with people you like!

At SnowCap, we believe there is strength in numbers, and welcome any group of up to 25 people to schedule a time to volunteer. Groups can be corporate, civic, religious, sports-related, or simply a collection of friends that want to get together and accomplish something worthwhile. Volunteering together can also be a great birthday party for someone who doesn’t want presents.

Groups are usually scheduled for two-hour service projects that can range from filling food boxes and bagging bulk vegetables, to spreading cedar chips or pulling weeds from our community garden. We’ve had groups sort clothing, organize school supplies and even help paint our tool shed!

Due to spacing issues, it is difficult for us to schedule groups during SnowCap’s open hours. However, we’ve got plenty of opportunities during the evening hours and on weekends when we’d be happy to get your group in to get some much-needed volunteer work done.

For more information on group volunteering, please contact Nate at (503) 405-4295, or by e-mailing nate@snowcap.org.

Where do you wear it?

Do you have one of those brightly colored SnowCap tee-shirts? Or perhaps you have the green baseball cap with the SnowCap logo? As a volunteer, you've been given the opportunity to purchase gear with SnowCap's logo. And, coming soon, anyone will be able to purchase SnowCap items online!

We know that wearing your SnowCap gear can easily prompt conversations with those you meet while standing at the overlook at Multnomah Falls. It might also inspire a question from someone who notices you grabbing a coffee while visiting the San Diego area. We'd love for you to share your related stories about these kinds of encounters and photos of you sporting SnowCap apparel outside of SnowCap for future publication.

One recent opportunity for a volunteer to share his SnowCap pride presented itself to warehouse volunteer, Dave Dunford. In June, he served as a commissioner to the Presbyterian Church USA's General Assembly in Portland. During that week-long meeting, Thursday was designated as a day for the

over 2300 participants to wear tee-shirts representing their involvement in giving back to their communities and their world. Dave proudly wore his SnowCap tee.

If you have pictures and/or stories to share, please email Alicia@snowcap.org.



"SnowCap Volunteer Dave Dunford sported his SnowCap shirt at the Presbyterian General Assembly earlier this year"

A Garden that grows community

SnowCap's Community Garden is in full bloom

this summer. Forty-eight plots are available for low-income families to grow fresh vegetables, gain new skills, and build community during the growing season. The garden has been part of SnowCap's program since the summer of 1999. Plots are offered free of charge and include seeds, soil, classes, and mentoring. Diane Liefeld, a longtime volunteer and Master Gardener who helps coordinate the garden says that this year, many are growing typical things like cucumbers and tomatoes as well as more unusual plants such as cucamelon (a Vietnamese herb), and black-hued Indigo Rose tomatoes. "It is wonderful to see how gardeners from many backgrounds and cultures share ideas, learn new gardening techniques, and find new favorite vegetables," says Judy Alley, SnowCap's Executive Director. While SnowCap's garden is meant to grow food for the families who tend them, all gardeners donate a portion of the harvest back to the pantry to share with other families in need. Gardening is a family affair at SnowCap. Parents and grandparents are often seen on

summer evening teaching little ones how to water and tend plants, ensuring that the next generation understands where food comes from.



"This black tomato is an Indigo Rose. Photo credit, Oregon Food Bank"

Gratitude List:

Thank you for participating in our Dine Out night!

Agave Azul
Applebees Gresham
Abby's Legendary Pizza
Black Bear Diner
Boccelli's Risorante
Burgerville #12 - SE 122nd & Stark

Burgerville #31 - Parkrose
Burgerville #4 - Montavilla
Burgerville #29 - Hogan Dr.
Burgerville #37 - SE 162nd & Division
Carlino's Pizza & Deli
Cleary's Sports Pub & Grill
Dairy Queen - Troutdale
Hoppy Brewer
Francis Xavier Restaurant

Mojave
Old Chicago - 205
Old Chicago - Clackamas
Old Chicago - Tanasbourne
O'Neill Public House
Ristorante Di Pompello
Riverview Restaurant
Shari's - Gresham
Shari's - Highland
Shari's - Halsey & 181st

Gifts to Celebrate Anniversaries:

Ken & AlmaLou Tischler: Lael Hays

Gifts to Celebrate Birthdays:

Don Frueh: Gerald & Donna Barker, Mary Jane Everist, Christy Strong

Jeff Hays: Lael Hays

Meena Hays: Lael Hays

Elsie Lee Herreid: Lael Hays

Becky Huntingt: Alyson Huntingt

Bill Huntingt: Alyson Huntingt

Mary Stine: Alyson Huntingt

Alma Lou Tischler: Lael Hays

Robert E Trappe: Elizabeth Watkinds

Gifts in Honor of:

Tim & Candi Copp: Larry Carroll

Barbara Karlstrom: Thomas & Shelley Caufield, Jimmie Oleachea

Maxine Kuhnau: Ron & Bonnie Kuhnau

Lynne Perry: Clifford & Judith Allen

Marie Squires: Teresa Osborne

Gifts in Memory of:

Pat Beeson: Mark & Sherry Beeson

Donna Blair: Elsie Johnson

Dorothy Blair: Elizabeth Webber

Joe Blaser: Eloise Blaser

Jacqueline Burns: Diane Abild

Louise Cates: Paul & Eun Suk Unruh

Elsie Cooley: Janet Cooley McChesney

Eileen Cunningham: Christy Strong

Irene Johanneson: Christy Strong

James McChesney: Sharon Nesbit

Vern Olson: Mary Jane Sorber

Beth Satchfield Lewis: June Satchfield

Paul Satchfield: June Satchfield

John Turner: Anonymous, Norma McCoy, Mary Spaulding, Bernadine Wallin

Keith Walker: Elvin & Shirley Pratt

Carolann Walters: Perry Jackman

Help us celebrate SnowCap's 50th Anniversary

A year-long celebration in recognition of SnowCap's 50th Anniversary will kick off in January. Many activities are planned throughout the year, so be sure to watch future newsletters and social media posts. Whether you're a long time SnowCap volunteer or have just recently becoming connected with us, we need your help in putting together a photographic history. We're looking for old pictures and would also love to have you share stories with us.

We'll be holding a couple of photo scanning opportunities in coming months, so start gathering your SnowCap related pictures. If you can identify the year in which the picture was taken and/or the people in the picture, that would be appreciated. If you have pictures to share, please send an email to alicia@snowcap.org so she can get your name on a list to notify you of future scanning-day events. Rumor has it that coffee and cookies will be available to enjoy while we scan your photos, plus fun sharing memories with others who brought their pictures as well!

We also want to hear your stories! You might remember a special moment as a volunteer, something interesting that happened in the warehouse or office, or some encounter that touched your heart. Perhaps you were a recipient of SnowCap services at some point in time and would like to tell us how SnowCap helped you or your family and what you're doing now. Tell us about it! Stories should be emailed to Alicia at alicia@snowcap.org or by postal mail no later than October 1st of this year.





FROM THE HEART OF OUR COMMUNITY
P.O. Box 160, Fairview, OR 97024

Return Service Requested

Nonprofit Org.
US Postage Paid
Portland, OR
Permit No. 5744

Wish List

Fruit juice

Peanut butter

Tuna

Toothbrushes (children and adult)

Ziploc bags (sandwich and quart)

Can openers

Lead pencils

IN ACCORDANCE WITH FEDERAL LAW AND U.S. DEPARTMENT OF AGRICULTURE POLICY, THIS INSTITUTION IS PROHIBITED FROM DISCRIMINATING ON THE BASIS OF RACE, COLOR, NATIONAL ORIGIN, SEX, AGE, OR DISABILITY.



Board of Directors

Merlin Aufdengarten	Diane Liefeld
Alisa Karin-Bean	Blair Loudat
Rev. Pat Berger	Jim Mahnke
Sarah Gulde	Rusty Simms
Darryl Hill	Charlie Stanley
Judi Allen	Tom Weldon

Newsletter Committee

Judy Alley – Editor
Vern Groff – Graphic Designer
Richard Kiely – **Home Run Graphics**
Alicia Biastock
Carlene Weldon
Danni Mooney
Gretchen Weston
Kathy Dunford
Nate Larsen

On the Web
www.snowcap.org