

# SnowCap News

OPEN HEARTS, OPEN HANDS

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SNOWCAP IS A PHILANTHROPIC ORGANIZATION CREATED TO PROVIDE FOOD, CLOTHES, ADVOCACY, AND OTHER SERVICES FOR THE POOR.

## Independence

As the warm weather approaches (already it seems to be well upon us!), our thoughts start turning to summer fun and celebrations in the sunshine – big family picnics at one of our beautiful state parks in the gorge, outings to the river or to the beach to soak up the rays, and of course, fireworks with the neighborhood kids on Independence Day. Summer is a time when a lot of us get a chance to think more about freedom, vacation, and fun. But it's also a time when it's easy to forget that not all of us are feeling so footloose and fancy-free.

As I reflect on independence, I think of how it's one of the more celebrated tenets of American life. However, even the most independent person will sometimes need to work with others to get something accomplished, and everyone finds themselves in need of a little help from time to time. During the winter months with holidays like Thanksgiving and Christmas, the hearts of good folk tend to turn naturally toward charity.



During the celebrations of summer, it can be harder to keep those who are less fortunate in mind. But the reality is, just as many people struggle to hold on to their independence during the bright, sparkling days of summer, especially with children out of school and in need of more food at home.

At SnowCap, we are well and truly blessed during the Christmas season

when so many contemplate why we give and are inspired to act. But since Christmas is so long passed, SnowCap is feeling the pinch. Last month, our donations were only 10% of those we received in December. Times are still tight for our neighbors, and they need our help as much as ever. We're hoping this message will leave giving on your mind, though we know you already have it in your heart!

So if you can, please donate and help support SnowCap and the clients we serve on the road to independence this month.

# SnowCap Keeps Rolling Along

As you probably know, the shopping-style pantry at SnowCap is accessed by thousands of people every month. However, there are still plenty of families that can't make it in to SnowCap to shop for themselves due to scheduling, transportation, or other issues.

This is where the Mobile Food Pantry comes rolling in! SnowCap's Mobile Food Pantry delivers food boxes to 21 low income housing projects and 4 Title I schools each month, and reaches families who might otherwise be unable to get to our shopping-style pantry. One of the reasons SnowCap started the Mobile Food Pantry program in 2010 was to help overcome transportation barriers that SnowCap clients face. Seniors, grandparents raising their grandchildren, disabled parents, and families without cars are especially grateful to see the SnowCap truck each month.



Schools and housing complexes visited by the Mobile Food Pantry are chosen based on the highest need within our service area. Devoted volunteers visit each location monthly and hand out pre-packed food boxes. To reach all the locations participating in the program as scheduled, the Mobile Food Pantry is out on the road six days of every month. While the food boxes provided through the Mobile Food Pantry are certainly convenient, receiving a pre-packed box this way is not as customizable to each family's needs as shopping for their own food through SnowCap's main

pantry, which is always encouraged. In addition, accepting a food box from the Mobile Food Pantry counts the same as a monthly visit to our shopping-style pantry. It's all about reducing barriers and increasing options to emergency food.

So the next time you're on the road and see a SnowCap truck – be sure to give a friendly wave. They might just be on their way to deliver a much needed food box to someone nearby!

## A Client Gives Back

It wasn't too terribly long ago that Laurie was in the hospital, fighting for her life. Now she is stronger and on Fridays, she walks to SnowCap to volunteer in the pantry.

Laurie and her family were clients at SnowCap for three years. They had operated an in-home day care for many years. But when Laurie's health concerns developed, they were no longer able to keep their business open. SnowCap helped with food for Laurie, her husband, her adult son and for their four-legged family members. "The people were always so nice and I really appreciated what they were able to do for us," Laurie remembered.

When Laurie's family got back on their feet, she wondered about the ways she might be able to pay it forward.

First, she decided to make a sizeable monetary donation to SnowCap, remembering what had been done for them. She knew that SnowCap could use the money to purchase food to help those who truly needed it.

As Laurie became physically stronger, she thought about another way that she could give back. Once she was able to walk and stand for several hours, she

knew that SnowCap's pantry would be the right fit for her. She's an outgoing people-person and loves helping the clients shop. Although she's only been working in the pantry for three months, she is already collecting memorable stories. One of her favorites is about a woman with seven children who came in to get food for her family. This client had five of her children with her. As they perused the aisles, the client allowed her older children to make the food choices so that they could learn from their experience. Laurie felt a great deal of compassion for this family and loved how nurturing the mother was with her children.

Although Laurie hasn't been volunteering for very long, when talking to her, one senses that she might be there for some time to come. "I get three million times more from my experience than I ever give," but she's giving more than she knows to SnowCap and its clients.

"Laurie Haggart (far right) takes a moment for a picture with Jeremy Wilebski and fellow Friday volunteer, Sandy Leichterler (center)."



## School Supply Wish List:

Even though summer has just begun, back to school will be upon us before we know it! The average cost of school supplies is \$100 per child in our area. For many low-income families, this expense will stretch their budgets to the breaking point. Will you help support East County students by donating some supplies? Donations before August 15th are appreciated to ensure they are distributed before school starts.

Scissors

3 ring binders 1.5"-3"

Binder dividers

Kleenex

Colored pencils

Calculators

Rulers

3-ring zipper pouches

Filler paper (college and wide rule)

Pencils

Ball Point Pens (black and blue)

Glue (sticks and liquid)

Crayons

Spiral notebooks (college and wide rule)

Pencil boxes

## Birthday Celebrations:

**Michelle Hilbert:** Susan Eastman

**Meena Hays:** V Lael Hays

**Elsie Herreid:** V Lael Hays

## Honors:

**Nina Cook:** Nancy Hawes, Wilhelmine Keulers

**James Liefeld:** Ben & Kim Moore

## Memorial:

**Bud & Nadine Aufdengarten:** Merlin Aufdengarten

**Joseph Blaser:** Anonymous, Eloise Blaser

**Norma Christianson:** Sheryl Bundy, Florence Anna Caisse

**Lillian Hjelte:** Maxine Kuhnau

**Beth Satchfield Lewis:** June Satchfield

**James McChesney:** Gordon & Darlene Story

**Paul Satchfield:** June Satchfield

**Marilyn Smith:** Liela Haugen, Norma McCoy

**Jim Swanson:** Cascade Sports Car Club

**Leah Unruh:** Marion & Ann Unruh

**Carol Wallace:** James & Marilyn Cook

## Dine-Out: Save the Date!

## DINE OUT for SNOWCAP

The 2nd Annual Dine-Out for SnowCap will take place at area restaurants on Tuesday, August 23rd. As the event gets closer, information about participating eateries and other important details will be posted on the News & Events page of our website, <http://www.snowcap.org/news--events>.

So mark your calendars for August 23rd and enjoy an evening out at a great local restaurant for SnowCap!





FROM THE HEART OF OUR COMMUNITY  
P.O. Box 160, Fairview, OR 97024

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## Wish List



Tuna  
Canned fruit  
Canned meat  
Peanut butter  
Shampoo (travel size is great!)  
Deodorant  
Feminine Hygiene  
Grocery bags (paper and re-usable cloth)  
Toilet paper  
School supplies

IN ACCORDANCE WITH  
FEDERAL LAW AND  
U.S. DEPARTMENT OF  
AGRICULTURE POLICY,  
THIS INSTITUTION  
IS PROHIBITED FROM  
DISCRIMINATING ON  
THE BASIS OF RACE,  
COLOR, NATIONAL  
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DISABILITY.



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